



**Motive+**  
Stylish Smartwatch

USER MANUAL  
Before using this product, please read the instructions carefully.

**PRODUCT OVERVIEW**



**KNOW YOUR PRODUCT**

Please follow below mentioned guidelines for better experience:

- Clean your smartwatch regularly, especially the inner side to avoid damage caused by sweat and keep the charging pins dry.
- Adjust the smartwatch tightness to ensure air circulation.
- Avoid usage of excessive skin care product on the smartwatch usage area as it may damage the watch surface.
- Please stop wearing smartwatch in case of any skin allergy or discomfort.

**1. Power-on**

Long press side button for 3 seconds to power on your smartwatch or initially the power may be low, please put it on the charging dock provided in the box and connect with your charger/laptop/powerbank. (Refer Figure 1, 2)




**2. App download and binding**

Scan the below QR code from your smartphone and download the "RS Motive" application or search for the "RS Motive" application on respective Android/iOS store.



Compatible with Android 5.1/IOS 9.0 & above.  
Bluetooth 4.0 & above

**3. Verify your MAC address**

Tap and hold on the Main interface of your smartwatch to check MAC address. (Refer Figure 3)

At the bottom of this interface it will display the Bluetooth icon if your smartwatch is connected with your device along with battery symbol.



**4. Binding with RS Motive app**

1. Open RS Motive application and set up user profile. (Refer Figure 4)
2. Click on "Add Device" on the next interface. (Refer Figure 5)
3. Select your device MAC address from the list of available devices. (Refer Figure 6)





The IOS system will display a Bluetooth pairing request, click on "Pair" tab to confirm. (Refer Figure 7) Another approval will be needed to finalize the pairing. (Refer Figure 8)

With the Android system, it will connect it directly.

Successfully bound. (Refer Figure 9)







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**5. Removal of device**

For Android smartphones, device can be disconnected simply by clicking on "Remove Device". (Refer Figure 10)

For IOS smartphones, click on "Remote Device" from the app. Then unpair it by clicking on the symbol on the right, under Bluetooth settings and "Forget This Device" (Refer Figure 11, 12, 13).






**FUNCTION & OPERATION**

**1. Main interface**

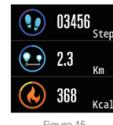
Time and Date will get displayed on the Main interface. Time will automatically get synchronized with your smartwatch once it is successfully paired with your smartphone.

Swipe on the main interface from down to up to switch between menu interfaces. (Refer Figure 14)



**2. Steps interface**

Under steps interface you can check steps taken, distance covered & calories burned. (Refer Figure 15)



**3. Messages**

Touch on message interface to read messages received on your smartphone. (Refer Figure 16)

Note:

1. Latest 3 messages (Messaging/Whatsapp/Facebook etc.) will get stored in your smartwatch memory.
2. To receive message notification on your smartwatch, enable notification function on Motive application.

Note: Messages received post successful connection of smartwatch with smartphone will get displayed.



**5. Heart rate monitoring**

Enter heart rate interface to measure your heart rate, you can also check your heart rate via app. Heart Rate data will get displayed with small vibration alert once heart rate test finishes up. (Refer Figure 18)

**WEARING POSITION**

In order to get accuracy on heart rate data it is advised to wear it 2cm inside from your ulna joint. (Refer Figure 19)




Ensure you have worn smartwatch correctly. If it will be loose, the sensor light will get exposed and will cause inaccuracy in data.

Avoid sensor green light contact with your eyes.

Although product is designed to measure heart rate dynamically, it is advised to sit still while measuring heart rate to get better results, else it will take time to measure heart rate and may cause inaccuracy in data.

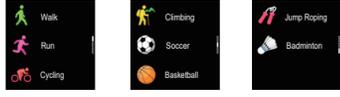
It is advised to check heart rate data consequently for 5 times and average value of this reading will be considered.

Product is designed to dynamically measure heart rate at real time, heart rate may vary on different conditions, i.e speaking, dining, drinking, walking and so on.

Please make sure heart rate sensor is clean from the bottom and there should not be any dirt particles. Skin color, hair density, tattoo and scar may affect accuracy of measured results. In such cases it is advised to test the heart rate data several times.

**6. Sports**

8 different sports modes are available under this tab including Walk, Running, Cycling, Climbing, Soccer, Basketball, Skipping & Badminton. (Refer Figure 20)



**7. Blood pressure**

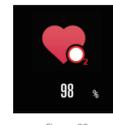
Under blood pressure test interface, the smartwatch will automatically start measuring your blood pressure. Once test finishes up, the smartwatch will notify you with vibration alert and will display test results. (Refer Figure 21)



While measuring blood pressure, it is advised that the user should rest at least for 5 minutes. Avoid tension, anxiety and emotional excitement before testing. Repeat blood pressure monitoring 3 times back to back with an interval of 2 minutes. Consider the average of those three readings.

**8. Blood oxygen**

Under blood oxygen test interface, smartwatch will automatically start measuring your blood oxygen. Once test finishes up smartwatch will notify you with vibration alert and will display test results. (Refer Figure 22)



Note: Data measured for blood pressure and blood oxygen are for reference only and cannot be counted as medical diagnose.

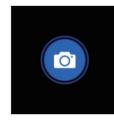
**9. Music**

Once your smartwatch is connected with your smartphone, you will be able to manage music player controls i.e play/pause/previous/next from your smartwatch. (Refer Figure 23)



**10. Camera**

Once your smartwatch is connected with your smartphone, you will be able to remotely access your mobile phone camera. (Refer Figure 24)



**11. Stopwatch**

Under stopwatch interface, click on "Start" icon to start timer, click on the pause icon "Pause" to pause timer & click on reset icon on the right side for resetting timer data. (Refer Figure 25)



**12. Weather**

In order to display weather on your smartwatch, you need to set up your location on the RS Motive application. (Refer Figure 26)



**13. More**

Click the "More" interface to adjust. (Refer Figure 27)

1. **Brightness**  
Tap on the screen to adjust the brightness. (Refer Figure 28)
2. **Reset**  
Tap on "Reset" and on the next screen select "Confirm" button to restore factory settings. (Refer Figure 29)
3. **Shut Down**  
Tap on "Shut Down" and on the next screen select "Confirm" button to power off your smartwatch. (Refer Figure 30)






**FAQ**

**Why the device can't be detected while pairing with phone Bluetooth?**

1. Please make sure, mobile Bluetooth is activated meanwhile check your mobile and watch should be in BT range.
2. While pairing, please make sure distance between mobile phone and watch should not be more than 50cm.

**Why Bluetooth can't be connected occasionally?**

Bluetooth function of some cell phones become abnormal occasionally upon activation. Bluetooth can be start working properly after restarting cell phone or Bluetooth.

**For IOS system, why the smartwatch's data can't be synchronized to the "RS Motive" app or there is no incoming calls and messages reminder from the smartwatch after resetting or upgrading the device firmware?**

1. Please check your smartphone "Settings" > "Bluetooth" > "My devices" to confirm whether the Bluetooth function has been connected to the smartwatch. If the Bluetooth is connected, click on the icon (i), located next to "Connected", this in order to forget this device, and to cancel system Bluetooth pairing immediately. Open your "RS Motive" app, and search for the smartwatch again. Once found, connect the smartwatch and click on "Pair" from the pop-up pairing prompt dialog box.
2. Make sure that "SMS" and "Incoming call" reminder alert are turned on in the "RS Motive" app.

**Why there is no incoming call / message reminder for android system?**

1. Please make sure that the application work in the background, as sometimes Android system hamper app working, that's why Bluetooth connection icon is missing from your smartwatch screen. Please also check if the notification alert is turned ON under your application settings.

2. In case of no message reminder, please reconnect the smartwatch after resetting and turn on the "RS Motive" app again.

**Shall the Bluetooth be connected all the time? Will data in the device be saved when the Bluetooth is disconnected?**

Before synchronizing data, the activity and sleep data will be saved in the smartwatch. When the smartwatch is connected to the "RS Motive" app, the data will be uploaded to the app history automatically.

Note: The Bluetooth connection is mandatory for receiving incoming calls and messages alert.

**WARNINGS**

Please consult your doctor before starting any new fitness activity. The smartwatch should not be used for any medical purpose though it may dynamically monitor heart rate at real time.

**SAFETY NOTICE**

Please clean the smartwatch with clean wet wiper regularly. The smartwatch is water-resistant for daily use. Please avoid wearing it for swimming, showering, having a sauna or steam. Do not attempt to disassemble your product.

Do not expose the device to extremely high or low temperature. The operating temperature is from 14°F to 122°F (-10°C to 50°C).

**CE RoHS DECLARATION**

We, at Riversong, take our social responsibility seriously and are committed to the cause of saving our environment. It is in keeping with these commitments that we are proud to state that Riversong smartwatch has got RoHS and CE certification.

**RoHS CE**

**SPECIFICATION**

Product Name: Motive+  
Model: SW07  
Screen Size: 1.33"  
Material: Metal body  
Battery capacity: 170mAh  
Usage Time: Up to 240 hours\*  
Water Resistant: IP67  
Compatibility: Android 5.1 & above; IOS 9.0 & above

Please check our website for more information: [www.riversongtech.com](http://www.riversongtech.com)